



This 6-hour course facilitates you through the creation of your tailored intervention G.A.M.E. P.L.A.N. for execution in your community.

| <p>What is the Mental Health and Substance Abuse Train-the-Trainer?</p> | <p>Who can attend?</p> |
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| <p>The Mental Health and Substance Abuse Disorder Train-the-Trainer is based on best practices in the field of mental health and substance abuse disorder. Content is evidence-based, with the input of mental health specialists.</p> | <p>Any interested adult can attend. <i>However</i>, this course is tailored to individuals with a strong background in Mental Health and Substance Abuse Disorder seeking to implement intervention programs in their communities.</p> |
| <p>Course Content</p> | <p>Why attend?</p> |
| <p>This course provides community liaisons with the chance to work with accredited mental health first aiders to create a personalized G.A.M.E. P.L.A.N. to implement within their community.</p> <p>You will:</p> <ul style="list-style-type: none"> • Identify the role mental health plays in substance use disorder; • Understand the importance of early intervention for reducing substance abuse disorder; • Identify appropriate resources which support and target early intervention; • Use empathy, knowledge and resources to create an G.A.M.E. P.L.A.N. to implement an early intervention program in your community. | <p>As a participant, you will:</p> <ul style="list-style-type: none"> ✓ Increase your knowledge and identification of mental health and substance abuse disorders. ✓ Be given time to develop your strategy for identifying available resources and steps needed to implement an intervention program in your community. ✓ Have access to certified mental health specialists and community experts. <p style="text-align: center;"><i>Participants will create an implementable G.A.M.E. P.L.A.N. for their community.</i></p> |
| <p>Course Format</p> | <p>How do I sign up?</p> |
| <p>This is a 6-hour instructor-led workshop, divided into two 3-hour blocks.</p> | <ul style="list-style-type: none"> ✓ Upcoming courses are on our website. ✓ Call us at: ✓ Email us at: |